



# Home Visiting Innovation Team

Presents this

## Training Certificate

on Monday April 4, 2022 to:

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for attending

# TRANSFORMING TRAUMA- HOW TO DO THIS WORK AND SUSTAIN

**Class description:** A training and discussion to offer practical tools to help us sustain, individually and collectively, in the face of trauma, secondary trauma and overwhelm. Understand what the consequences are, as well as strategies, for sustaining ourselves and each other.

**Length of training:** 2.0 hours

**Trainer:** Laura van Dernoot Lipsky

*Michelle Sheng-Palmisano*

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Director of Early Learning Strategies  
United Way of Lane County