

OREGON COMMUNITY PROGRAMS

PARENT-TODDLER WORKSHOP

Workshops will introduce and allow caregivers to practice strategies informed by Parent Child Interaction Therapy - Toddler, which is a specialized behavior management program for parents of children 0-3 years old.



SPACE IS LIMITED! CALL (541) 246-2399 TO RESERVE YOUR SPOT TODAY!

SUMMER WORKSHOPS ARE 3-HOURS, FOOD & CHILDCARE PROVIDED ON-SITE!

Workshops to be held on various Tuesdays and Saturdays, August - October

Parent-Toddler workshops are **FREE** for any family in Lane County. *Earn up to \$150 in prizes, toys, and books!*

TOPICS TO BE COVERED INCLUDE:

- Teaching parents skills to promote positive interactions, healthy parent-child attachment, and good minding.
- Teaching a No-hurting sequence to respond to and decrease aggressive behavior
- Parenting skills to help decrease children's anxiety.
- Learning how to respond to BIG feelings by using skills to increase Parental awareness of their own feelings as well as improving nurturing, supportive care for their child.



1170 Pearl St., Eugene OR 97401 | OregonCommunityPrograms.org

For a complete workshop schedule and to **ENROLL TODAY**, visit OregonCommunityPrograms.org or contact: Lauren Kogutkiewicz
541.246.2399