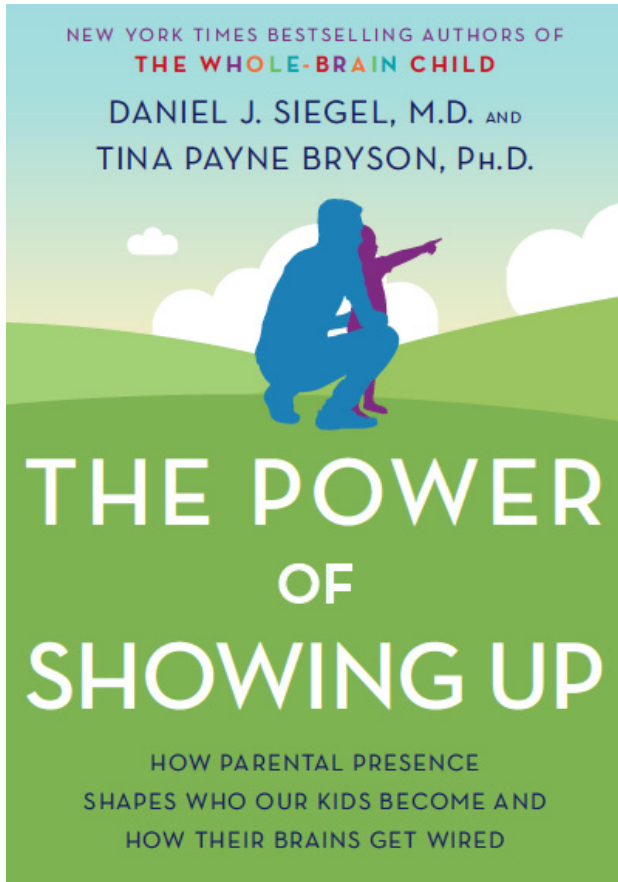


The Power of Showing Up

How home visitors can help families navigate uncertain times while minimizing stress and avoiding burnout with Dr. Tina Payne Bryson, Ph.D.



**Monday,
April 12, 9am - 12pm
Virtual Event**



Register by
March 31 at

[https://
powerofshowingup.
eventbrite.com](https://powerofshowingup.eventbrite.com)

Almost a year into a global pandemic, many of our clients feel anxious, disappointed, angry, or withdrawn. How do we as home visitors navigate these unprecedented times with clients while minimizing stress and avoiding burnout?

In this free webinar, Dr. Bryson will share about neuroplasticity and the changing brain, providing practical strategies to help clients feel secure, seen, soothed and safe, ultimately, feeling hopeful about making lasting change in their lives. Attendees will gain a new framework to understand their clients and their own work, along with new ways to increase their clients' emotional regulation, resilience, personal insight, and empathy.

*Training funded by the Oregon Health Authority
Sponsored by United Way of Lane County and The Home Visiting Innovation Team*

