

Parenting Now!

Support for Parents

Parenting Now! is pleased to offer a variety of resources and services that can be accessed remotely by Lane County families. From virtual lactation support to Circle Time videos, we have something for all stages of parenting.

One-2-One Support

Email, phone, and text support for Lane County parents. Talk with Parenting Educators from the comfort of home. Receive free support and education on your schedule. Available to English and Spanish speaking families. *Contact enroll@parentingnow.org to register*



Live Discussions with Parenting Educators

Join Parenting Educators (and special guests) for live, virtual discussions on parenting topics, including routines, temperament, and power struggles. *Contact vps@parentingnow.org to register.*



Virtual Circle Time

Guided songs, books, and other fun activities for you and your 1, 2, or 3-year old —led by an experienced Parenting Educator. New Circle Time Videos uploaded to Facebook and YouTube every other Friday. *Contact vps@parentingnow.org to receive email notifications.*



Baby Connection

Every Wednesday, from 11 am to 12 pm, parents can talk virtually with Lactation Specialist Debbie Jensen to get nutrition and feeding support, as well as chat with other parents who have babies under 1. *Contact enroll@parentingnow.org to register.*



Parenting The First Three Years Online

F3Y Online uses the latest research on child development and positive parenting strategies to give you the tools you need to support your child. *Access this free program by visiting:*



<https://parentingnow.org/parents/parenting-the-first-three-years-online/>
and use the password "Gift"

Healthy Families Virtual Home Visits

Pregnant or newly parenting? As you integrate this baby into your family's busy life, a Family Support Specialist can be there for you with weekly virtual visits. *Call us at 541-556-5355 to learn more about Healthy Families.*

