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WELLMAMA OREGON PRESENTS



 **May 20th -21st, 2020**
1685 W 13th Ave, Eugene, OR

The 6th Annual

Perinatal Mental Health Summit

- **Access.** Sliding scale registration fees and group discounts
- **Nourish.** Breakfast & lunch provided, babies and kiddos welcome, morning yoga
- **Network.** Networking social hour at **Sweet Cheeks on 5th** urban tasting room on 5.20
- **Stay.** Discounted accommodation at Eugene's boutique hotel **Inn at the 5th**
- **Grow.** Continuing education credit (pending) for nurses, LCSWs, LPCs, IBCLCs, doulas
- **Learn.** Confirmed sessions: *Racism, Implicit Bias, & Perinatal Mental Health*
Neurobiology of Bonding in the NICU, Transition to Fatherhood, Psychopharmacology,
Sexual Violence & Perinatal Health, Substance Use & Mental Health in Parenting,
Perinatal PTSD, Psychosis Management, Gut-Brain Axis in Perinatal Nutrition, and more!

WellMamaOregon.com/Summit

Recommended for professionals who work with new and expectant parents. All are welcome. Register by May 1.