



UNDERSTANDING, ACCEPTING AND SUPPORTING FAMILIES WITH COMPLEX NEEDS

In this free advanced level workshop, Deb Sunderland LCSW will present a framework for understanding families with complex needs. Using Complexity Theory she will facilitate a conversation that will explore the complexity of the family, the system home visitors work in, and the role they engage in.

Participants will explore how Acceptance and Commitment Therapy (ACT) may be useful tools for the work of the home visitor.

In the second half of the day attendees will engage in interactive small group discussions using case examples sent by local home visitors (all PHI redacted to ensure confidentiality). Discussions will be framed by recommended questions based on concepts presented by Deb Sunderland's presentation.

Participants will learn:

- A framework for understanding the complexity of the families being served.
- How to embrace and accept the limitations of the families, the system, and the role of the home visitor.
- How to support families by building on their strengths and prioritizing their needs.
- Home visitors will explore and discuss their needs, as well as the families within the framework of parallel process.

FREE Event, Registration Required

<https://COMPLEXDYNAMICS.eventbrite.com>

• June 10, 2019

• 9:00-3:30

• Eugene 4J District
Office Auditorium,
200 N. Monroe,
Eugene

• Lunch Provided

• Attendees will
receive certificate
with ORO hours and
PDUS

• Training is free

• Register by May 24



Questions: Contact Michelle at
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