



Family Resource Center Meeting
February 11, 2019 9:00 – 11:00 am
United Way of Lane County
3171 Gateway Loop, Springfield, Oregon

Group Members

Bethel FRC

Anne Johnstone-Diaz

Creswell FRC

Sue Wickizer
Crystal Perdue

Crow-Applegate-Lorane FRC

Donna Willits

Cottage Grove FRC

Ana Maria Dudley

Eugene FRC

Gretta Sagolla
Alicia Longoria

Fern Ridge FRC

Olivia Johnson
Jim Domingue

Lowell FRC

Dan Silver

Marcola FRC

Shana Hockema

McKenzie FRC

Lacey Joy

Oakridge FRC

Kack Camerer

Pleasant Hill FRC

Lorena Hammond

Springfield FRC

Silvia Ceja

Agenda

1. Welcome/Introductions- 5 mins

In attendance: Claire Hambly, UWLC; Emily Reiter, UWLC; Lillian Morrill, UWLC Intern; Kayla Watford, UWLC; Tracy Stafford, OCP; Laura Clegg, 90by30; Julie Marchini, AFS; Donna Willits, CAL; Ana Maria Dudley, SLSD; Julia Morrill, SLSD; Silvia Ceja, Brattain House; Maria Elena-Mejia, Brattain House; Shana Hockema, Marcola; Kack Camerer, Oakridge; Anne Johnstone-Diaz, Bethel; Lorena Hammond, Pleasant Hill; Jim Domingue, Fern Ridge; Dan Silver, Lowell; Sue Wickizer, Creswell

2. LiveHealthy Lane Survey- 5 mins

- Kayla Watford
- Work to implement CHNA/CHIP
- In midst of 3 year needs assessment
- Want to get survey out to as many community members as possible
 - Providing hard copies
 - See online link below
- Available in English and Spanish
- If you need more, call or email Kayla
- Information on how to return surveys
 - Pick-ups at meetings
 - Envelopes pre-postaged/addressed
 - A couple pick-up days in February
- Survey takes about 10 minutes
- How do we know if we already took it?
 - Partner survey went out in January
 - Also want you to take community health survey – one is from partner perspective, the other is from your perspective as a community member
- Post survey on Facebook pages- Spanish
 - “Our voices need to be heard”
 - Share LiveHealthy Lane post
- Additional opportunities for focus group participation if families are interested
- Step 1: please take 10-15 minutes to complete Live Healthy Lane’s Community Health Survey:
 - English: bit.ly/2019healthsurvey
 - Spanish: bit.ly/2019healthsurveysp



Group Members

Bethel FRC

Anne Johnstone-Diaz

Creswell FRC

Sue Wickizer
Crystal Perdue

Crow-Applegate-Lorane FRC

Donna Willits

Cottage Grove FRC

Ana Maria Dudley

Eugene FRC

Gretta Sagolla
Alicia Longoria

Fern Ridge FRC

Olivia Johnson
Jim Domingue

Lowell FRC

Dan Silver

Marcola FRC

Shana Hockema

McKenzie FRC

Lacey Joy

Oakridge FRC

Kack Camerer

Pleasant Hill FRC

Lorena Hammond

Springfield FRC

Silvia Ceja

- Step 2: please use this step-by-step Distribution Guide to share with everyone you know in Lane County (friends, family, co-workers, clients, etc.):
 - [Community Health Survey – Distribution Guide](#)
- Survey Participation Deadline: February 28, 2019! To request additional hard copies of the surveys or fliers, please email kwatford@unitedwaylane.org.

3. Adolescent and Family Services (AFS)- 20 mins

- Julie Marchini
- Oregon Social Learning Center
 - Also involved in KITS
 - Social research facility “science benefiting families”
- Looking at treatment for teens who have substance addiction (drugs/alcohol)
 - Grant funded – offer treatment at no cost
 - Partnered with Centro Latino to provide services in Spanish
 - 172 families targeted
 - Studying whether or not offering enhancements to proven treatment will make it even better
 - a. Cognitive behavioral approach – positive incentives
 - b. Everybody gets the treatment – half of the group gets the enhancement (support to the parents)
 - Eligibility:
 - a. ages 12-18
 - b. substance abuse
 - c. not currently receiving other treatments
 - d. have parent/guardian/caregiver willing to do treatment with them
 - Explain to family that it’s part of a research project
 - a. Sessions 1 hr – 90 minutes (adapted to the family) 5-6 months
 - Follow up with families for 12 months – can earn up to \$300
 - Spanish-speaking interviewers, don’t ask for any documentation
 - Can provide bus passes for the research piece; for treatment can use Ridesource if have OHP
 - Brochures in English & Spanish
 - Social media post?
 - More generalized poster for self-referral?
 - 1-page to send home with families? Front-back English-Spanish?
 - a. Julie to send materials to Claire; will email out PDF
 - Hours for sessions Mon-Fri; most appts from 3-7 (treatment); research side flexible
 - Encourage families to come even if suspect addiction; teach parents how to monitor/do at-home drug screening



Group Members

Bethel FRC

Anne Johnstone-Diaz

Creswell FRC

Sue Wickizer
Crystal Perdue

Crow-Applegate-Lorane FRC

Donna Willits

Cottage Grove FRC

Ana Maria Dudley

Eugene FRC

Gretta Sagolla
Alicia Longoria

Fern Ridge FRC

Olivia Johnson
Jim Domingue

Lowell FRC

Dan Silver

Marcola FRC

Shana Hockema

McKenzie FRC

Lacey Joy

Oakridge FRC

Kack Camerer

Pleasant Hill FRC

Lorena Hammond

Springfield FRC

Silvia Ceja

4. Oregon Community Programs- 30 mins

- Tracy Stafford
- Early Intervention Foster Care (2.5 – 6 years)
 - Work with families to help kids be successful
 - Work on cooperative behavior; social regulation skills
 - Coordinate with schools
 - Weekly foster parent meeting; therapeutic playgroup
 - Provide family therapy for bio-families
 - Step-by-step treatment services
 - Focus on trauma and attachment also
 - Spanish-speaking therapists available
- Parent-Child Interaction Therapy
 - Will be available in Spanish
 - 2-way mirror to help parents interact
 - Kids who are aggressive/defiant
 - CDI (child led play)
 - PDI (parent led play)
 - Most families complete in 6-9 months
- Trauma Focused CBT (ages 3-18)
 - Teach parents about what trauma is; how it's effecting child
 - Teach child coping skills
 - Helps reduce symptoms
- Do families have to have official involvement with DHS? Ex: aunt has the child
 - Can serve all families; help prevent DHS involvement
- Sometimes go out to rural areas to work with families; PCIT have to come to office for specialized equipment – have gas cards, bus passes
- Don't have to know what's going on, if families are struggling, refer
- Only working with families who have OHP currently, working on how to bill private insurance.
- Referrals: call Tracy (541-743-4340)

5. UW Updates- 15 mins

- Mid-year check-in reminder
 - Need work plan and budget
 - Chance to check in about progress, any issues/barriers, things UW can help with; budget to actual
- Data collection app update
 - Feedback based on those who gave it
 - a. When families entered info, weren't flagging as "at-risk"; currently re-entering those families
 - b. Added Lowell IP address
 - c. Resolved needing to have an email address; now just user name and password (needed one in case of



Group Members

Bethel FRC

Anne Johnstone-Diaz

Creswell FRC

Sue Wickizer
Crystal Perdue

Crow-Applegate-Lorane FRC

Donna Willits

Cottage Grove FRC

Ana Maria Dudley

Eugene FRC

Gretta Sagolla
Alicia Longoria

Fern Ridge FRC

Olivia Johnson
Jim Domingue

Lowell FRC

Dan Silver

Marcola FRC

Shana Hockema

McKenzie FRC

Lacey Joy

Oakridge FRC

Kack Camerer

Pleasant Hill FRC

Lorena Hammond

Springfield FRC

Silvia Ceja

password reset) adding feature so that coordinators can reset the password instead

- d. Enabled coordinators to have access to reporting data if you want it
- e. Added narrative feature so that you can do all reporting in the app if desired
 - f. Included line for describing each activity
 - o Made it easier for coordinators to check-in families
 - o FRCs will still determine which column to place programs
 - o Oakridge serves a lot of senior citizens; put this in narrative section rather than count as number served
 - a. Report on all kids
 - o Temporary children? (childcare) Can't figure out how to do this; check in individual kids
 - o Some updates won't go into effect for a couple of weeks
 - o Nothing will change for families who have already registered
 - o Can go back and enter older information
 - o Training on overcoming barriers for families who don't want to use the app; help them understand it won't be reported to anyone; is feeling intrusive for families
 - a. Don't want to leave contact info, declare income, say what services they're receiving
 - b. Already ask that information on a paper form?
 - c. "This information helps us to get funding for services"; only sharing with UW – at that point, everything is de-identified
 - i. Ultimately, it's not mandatory
- Imagination Library promotional materials
 - o Email Michelle Sheng-Palmisano if you need promotional materials for IL
- Dental kits
 - o Here today for pickup
 - o This year K-3 and preschool partners; 20,000 this year
 - o Holding some back for the year
 - o All K-3 kids getting one: toothpaste, brush, floss, 2 minute timer, info sheet on how to brush, letter to parents, 211, low-income dental clinics
 - o Each box has educator letter; includes feedback process
- Triple P
 - o Available for free to any family on OHP – in English and Spanish
 - o Coordinator login for Anne
 - o Emily connect with SLSD about families without email



Group Members

Bethel FRC

Anne Johnstone-Diaz

Creswell FRC

Sue Wickizer
Crystal Perdue

Crow-Applegate-Lorane FRC

Donna Willits

Cottage Grove FRC

Ana Maria Dudley

Eugene FRC

Gretta Sagolla
Alicia Longoria

Fern Ridge FRC

Olivia Johnson
Jim Domingue

Lowell FRC

Dan Silver

Marcola FRC

Shana Hockema

McKenzie FRC

Lacey Joy

Oakridge FRC

Kack Camerer

Pleasant Hill FRC

Lorena Hammond

Springfield FRC

Silvia Ceja

6. FRC Updates- 30 mins

• Brattain House

- Kindergarten conference (Spanish) on Feb 26th at Dos Rios from 5-7; answering questions from parents; someone from Guy Lee to talk about immersion program; explain what a day of kindergarten looks like; childcare available
- Toddler group
- Struggling with Raising a Reader
- 2 new staff members

• Marcola

- Toddler playgroup
- Clothing closet for students
- Coordinating with media center to provide materials to community
- MPAP group on hold
- Working to get RAR started
- Community member wants to coordinate clothing swap

• Oakridge

- Toddler play group successful with 12-15 toddlers
- Pre-kinder: exposure to kindergarten day; facilitator also does KITS
- Surprise blanket drive

• Bethel

- Music Monday, art Tuesday (numbers fluctuate, art really popular now)
- Yoga – 6 week play yoga
- Bilingual story time; lots of RAR resources on website
- 21st bedtime story time on friendship
- Monthly science night
- Crecer and IY start in March

• Pleasant Hill

- Provide resources to elementary and HS
- Weekly story time on Fridays; most families do RAR
- Tuesday Valentine's party (50-60 families)

• Fern Ridge

- Started classes – nobody has attended yet
- Do after-school activity and then promote class
- Partner with churches

• Lowell

- Families reaching out to FRC; doing one-on-one coaching
- First parent class – book club on “the explosive child” on collaborative problem solving
 - a. Marcola hosting a training for CPS
- One-on-one can be entry point to build relationship
- Building resource brochure

• Creswell

- Ana Maria awarded Citizen of the Year!



Group Members

Bethel FRC

Anne Johnstone-Diaz

Creswell FRC

Sue Wickizer
Crystal Perdue

Crow-Applegate-Lorane FRC

Donna Willits

Cottage Grove FRC

Ana Maria Dudley

Eugene FRC

Gretta Sagolla
Alicia Longoria

Fern Ridge FRC

Olivia Johnson
Jim Domingue

Lowell FRC

Dan Silver

Marcola FRC

Shana Hockema

McKenzie FRC

Lacey Joy

Oakridge FRC

Kack Camerer

Pleasant Hill FRC

Lorena Hammond

Springfield FRC

Silvia Ceja

- RAR for all preschool promise families
- Preschool classrooms good avenues for recruitment
- Triple P Discussion Groups – 16/18 families registered are English Language Learners
- STEM night
- Superintendent has in budget for FRC position for middle school (family liaison)

● 90by 30

- Sending out survey today

● Crow

- Post-holiday needs; food, blankets
- Art program on ½ days
- Morning and after-school HW center (7:00 am – 5:30 pm)
- Donna also the secretary; talks to families

● South Lane

- Incident in fall w/ migrant population – person was shot by hunter
 - a. Needed orange vests/hats – Seneca donated
- Car seat giveaway through PN! – start with ELL population on Fridays; need car seat to use Ridesource
- Tuesdays literacy & numeracy; Thursday activities
- Bilingual story time Monday night – reading, craft, sign-up for library card
- Volunteers – homework help, story time; bilingual therapist working with Spanish-speaking population – place in the report to log volunteer hours? Include in narrative; also include in “in-kind” on application
- Slogan “at the heart of it all” from February is “family resource center month” - how to communicate FRCs to the whole county; goal: one year from now FRC marketing campaign
- DHS looking to place volunteers

Next meeting: March 11th, 2019
at United Way