

# TOTS Project

- Five-year project (2019-24) to develop and evaluate virtual parent training to support early development in young children with developmental delay or disability.
- **Goals:**
  - Reduce child behavior problems
  - Increase parenting skills, self-efficacy, problem-solving, and child behavior management
- **Funding:** National Institute on Disability, Independent Living and Rehabilitation Research
- **Research Team**
  - PI: Laura Lee McIntyre (UO)
  - Co-Is: Ann Glang & Christina Karns (UO) and Shari Wade & Ilka Riddle (Cincinnati Children's Hospital)



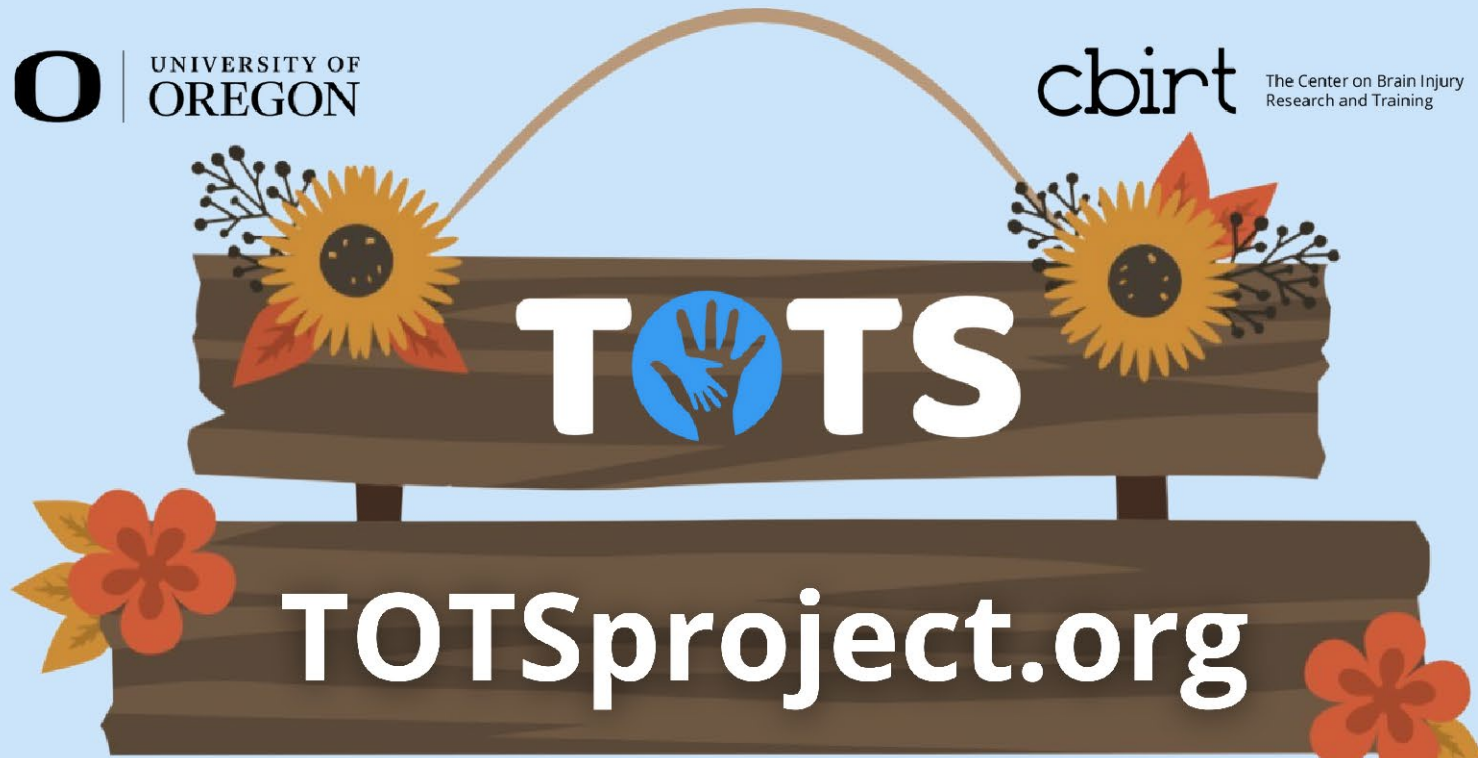
# Tiered Online Training and Support (TOTS): Project Status

- 3 Tiers of Intervention
  - Online Modules ([www.totsproject.org](http://www.totsproject.org))
  - Individual Coaching
  - Community Referrals
- 140 families recruited so far: Goal 200
  - Recruitment ongoing, will continue through end of 2023



Contact Kandyce Kelley to learn more:  
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Help evaluate a new web-based resource for family caregivers  
of young children with developmental delay or disability!

Paid research opportunity

