**Early Childhood Hub of Lane County**

**Family Leadership Council**

**October 12, 2023**

**In Person Gathering at United Way**

**Notes**

**1. Welcome & Introductions**

**2. Katharine Ryan: See attached notes**

* **Supports for Children’s Social Emotional Health which includes:**
	+ **Expressing emotions**
* **Parenting education, coaching or therapy services**

**Group Discussion:**

* **More benefits in 2025 with Medicaid growing**
* **Discussion about SNAP, Medicare & OHP benefits**
	+ **Market offered food stipends**
	+ **Medicaid may increase these types of benefits as well**
* **Questions from the notes:**
	+ **How does Pacific Source explain these discrepancies?**
	+ **The state is forcing us to look at the gaps and make a plan**
		- **Many therapists went to online only and doesn’t work well for 0-5**
		- **Did we lose therapists during the pandemic?**
			* **Not sure. What is the workforce component to raise these numbers?**
	+ **What are the differences in care between the two companies?**
		- **Families assigned to a company**
		- **Roughly half of the providers are with both and the others are Trillium or Pacific Source.**
		- **Some people have found Pacific Source to feel less like state-run insurance.**
* **First question:**
	+ **We would know if there was issues because of Heatlhy Families and the Relief Nursery**
	+ **Preschools using more SEL in their curriculum, if you work in those settings**
	+ **Notice that a child might need support at age 3-5 and the parent doesn’t see it or hopes that there isn’t an issue if the family is stressed or at capacity**
		- **Having a school do an assessment can help a family seek services**
		- **And they may not know how where to go or who can see them soon with such long wait lists**
		- **Missed part of Ethiopia’s comment: Identifying trauma from moving when a child is withdrawing. If the parent doesn’t recognize their own trauma they may not see itin their child. Immigrant trying to navigate the systems.**
		- **Does talking to your pediatrician help?**
			* **Some had good help; others had to seek new medical provider because they didn’t feel heard**
		- **Level of bad care for BIPOC families in Lane County**
		- **Things were going badly. We just knew we were really struggling and early intervention helped. Observing other children in public and word of mouth experiences from other parents**
		- **Learned a lot of things on TikTok: Conscious Parenting, Providers**
			* **Take it with a grain of salt, but it can give you a sense of where to start**
			* **Wherever parents and providers are gathering can be great resources**
		- **Watch how your kids work with other children and how they are progressing**
		- **Providers need to be ok with going on a wild goose chase to find answers**
			* **Peds being open for testing and due diligence to eliminate possibilities**
			* **Parenting Now for classes**
		- **Are there services at private preschools/daycare**
		- **Most parenting education is 2 and up**
			* **What resources are available for 0-2?**
		- **Told about resources but were told it will be full**
		- **Family Connects? Universal nurse care after baby is born**
			* **It should be available to everyone and opt out**
		- **0-2 Lots of conflict and strong opinions within family and medical systems**
			* **Please tell me about your traditions & culture, and what do you know about babies? Bring in culturual responsive care.**
		- **Home visiting coming. Can it be renamed? It can be triggering and associated with DHS.**
		- **Waitlist to see doctors: There needs to be a better way**
		- **PSP for babies?**
		- **Could not get help unless they have OHP contracting**
		- **Still issues with children**
		- **Parents who have access for their own care are more welcoming to getting care about their children.**
	+ **Who do you trust?**
		- **Other parent connections**
		- **Wraparound services at places like Relief Nursery**
		- **FB groups**
		- **Affinity group**
		- **Unwelcomed advice from people with different experiences**
		- **Places that understand early childhood education that parents is so intergral**
* **Friends not trusting peds and homeschooling their children to avoid diagnosis or services**
* **Parenting Now classes past 0-3 (don’t they exist? Check)**
* **Difficult getting services for her child, surgery denied and forcing other treatments first**
* **Affinity groups meeting after parenting education**

**Next Meeting:**

**November 9, 2023**