**Early Childhood Hub of Lane County**

**Family Leadership Council**

**October 12, 2023**

**In Person Gathering at United Way**

**Notes**

**1. Welcome & Introductions**

**2. Katharine Ryan: See attached notes**

* **Supports for Children’s Social Emotional Health which includes:**
  + **Expressing emotions**
* **Parenting education, coaching or therapy services**

**Group Discussion:**

* **More benefits in 2025 with Medicaid growing**
* **Discussion about SNAP, Medicare & OHP benefits**
  + **Market offered food stipends**
  + **Medicaid may increase these types of benefits as well**
* **Questions from the notes:** 
  + **How does Pacific Source explain these discrepancies?**
  + **The state is forcing us to look at the gaps and make a plan**
    - **Many therapists went to online only and doesn’t work well for 0-5**
    - **Did we lose therapists during the pandemic?**
      * **Not sure. What is the workforce component to raise these numbers?**
  + **What are the differences in care between the two companies?**
    - **Families assigned to a company**
    - **Roughly half of the providers are with both and the others are Trillium or Pacific Source.**
    - **Some people have found Pacific Source to feel less like state-run insurance.**
* **First question:** 
  + **We would know if there was issues because of Heatlhy Families and the Relief Nursery**
  + **Preschools using more SEL in their curriculum, if you work in those settings**
  + **Notice that a child might need support at age 3-5 and the parent doesn’t see it or hopes that there isn’t an issue if the family is stressed or at capacity**
    - **Having a school do an assessment can help a family seek services**
    - **And they may not know how where to go or who can see them soon with such long wait lists**
    - **Missed part of Ethiopia’s comment: Identifying trauma from moving when a child is withdrawing. If the parent doesn’t recognize their own trauma they may not see itin their child. Immigrant trying to navigate the systems.**
    - **Does talking to your pediatrician help?**
      * **Some had good help; others had to seek new medical provider because they didn’t feel heard**
    - **Level of bad care for BIPOC families in Lane County**
    - **Things were going badly. We just knew we were really struggling and early intervention helped. Observing other children in public and word of mouth experiences from other parents**
    - **Learned a lot of things on TikTok: Conscious Parenting, Providers**
      * **Take it with a grain of salt, but it can give you a sense of where to start**
      * **Wherever parents and providers are gathering can be great resources**
    - **Watch how your kids work with other children and how they are progressing**
    - **Providers need to be ok with going on a wild goose chase to find answers**
      * **Peds being open for testing and due diligence to eliminate possibilities**
      * **Parenting Now for classes**
    - **Are there services at private preschools/daycare**
    - **Most parenting education is 2 and up**
      * **What resources are available for 0-2?**
    - **Told about resources but were told it will be full**
    - **Family Connects? Universal nurse care after baby is born**
      * **It should be available to everyone and opt out**
    - **0-2 Lots of conflict and strong opinions within family and medical systems**
      * **Please tell me about your traditions & culture, and what do you know about babies? Bring in culturual responsive care.**
    - **Home visiting coming. Can it be renamed? It can be triggering and associated with DHS.**
    - **Waitlist to see doctors: There needs to be a better way**
    - **PSP for babies?**
    - **Could not get help unless they have OHP contracting**
    - **Still issues with children**
    - **Parents who have access for their own care are more welcoming to getting care about their children.**
  + **Who do you trust?**
    - **Other parent connections**
    - **Wraparound services at places like Relief Nursery**
    - **FB groups**
    - **Affinity group**
    - **Unwelcomed advice from people with different experiences**
    - **Places that understand early childhood education that parents is so intergral**
* **Friends not trusting peds and homeschooling their children to avoid diagnosis or services**
* **Parenting Now classes past 0-3 (don’t they exist? Check)**
* **Difficult getting services for her child, surgery denied and forcing other treatments first**
* **Affinity groups meeting after parenting education**

**Next Meeting:**

**November 9, 2023**